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## The CAP Study

### PARTICIPANT INFORMATION STATEMENT

#### (1) What is this study about?

You are invited to take part in this research study, which aims to evaluate a comprehensive school-based substance use prevention intervention, known as the CAP intervention. You have been invited because in 2012 you and your parents gave consent for you to participate in this study that your school agreed to be involved in. This Participant Information Statement tells you about the research study. Knowing what is involved will help you decide if you want to take part in the research. Please read this sheet carefully and ask questions about anything that you don't understand or want to know more about.

Participation in this research study is voluntary.

By giving your consent to take part in this study you are telling us that you:

- ✓ Understand what you have read.
- ✓ Agree to take part in the research study as outlined below.
- ✓ Agree to the use of your personal information as described.

You will be given a copy of this Participant Information Statement to keep.

#### (2) Who is running the study?

The study is being carried out by the following researchers: Associate Professor Nicola Newton, Professor Maree Teesson, Dr Lexine Stapinski, Associate Professor Tim Slade, Professor Patricia Conrod, Dr Emma Barrett, Dr Cath Chapman, Dr Katrina Champion, Dr Natalie Castellanos-Ryan, Miss Siobhan Lawler, Mr Marius Mather and Miss Anna Smout.

This study is being funded by the National Health and Medical Research Council, funding number RG160528.

#### (3) What will the study involve for me?

All participants are now invited to complete an additional CAP Study survey in 2019. This will provide us with a longer-term perspective on how things are changing as participants transition out of school, spanning from early adolescence (13 years old) into adulthood (21 years old). If you decide to participate, you will be asked to complete an online confidential questionnaire. It should take no

longer than 40-60 minutes, and will ask general questions about your personality, behaviour, and the activities you engage in, including questions on alcohol, drug use, and other risky behaviours. All information you provide will be strictly confidential.

If you decide you want to take part in the research study, you will be asked to:

- Read the information carefully (ask questions if necessary);
- Complete the online questionnaire.

We are also asking you to consent for us to link your study data with the Reoffending Database at the Bureau of Crime Statistics and Research and the National Death Index at the Australian Institute of Health and Welfare. If you give permission to link your survey data with the Reoffending Database at the Bureau of Crime Statistics and Research, we will use your name and date of birth to obtain information about any contact you have had and may have with NSW Courts from 1994 through to 2016. If you give permission to link your survey data with the National Death Index (NDI) database at the Australian Institute of Health and Welfare, you will allow us to access to information that may be stored in the NDI database at each survey occasion, such as fact of death information (e.g. date of death, state/territory the death was registered in, year the death was registered) and cause of death information (e.g. underlying and other causes of death). This means we can look at the mortality outcomes of participants and make sure we don't contact anyone who has passed away.

We are asking your consent to link your survey information with these databases because it provides another way of measuring and understanding how different experiences, such as using alcohol and other drugs or experiencing mental health problems, interact with other individual and environmental factors over the longer term. **It's also really important that you understand any information that we have about you is completely confidential and will be used only with your permission or except as required by law.** If you give us your permission by signing this document, we plan to publish and present the results at relevant conferences and in refereed journals. In any publication, information will be presented in such a way that you will not be able to be identified. We will also make a summary of the findings available to you on the CAP Study website.

**(4) How much of my time will the study take?**

Each questionnaire should take no longer than 40-60 minutes. The study will commence in 2017 and continue until 2019.

**(5) Who can take part in the study?**

Before you decide to participate in this research study, we need to ensure that it is ok for you to take part. The research study is looking recruit people who meet the following criteria:

- You have completed previous CAP study surveys.

**(6) Do I have to be in the study? Can I withdraw from the study once I've started?**

Being in this study is completely voluntary and you do not have to take part. Your decision whether to participate will not affect your current or future relationship with the researchers or anyone else at the University of Sydney, the Centre for Research Excellence in Mental Health and Substance Use and the National Health and Medical Research Council.

If you do consent to participate, you may withdraw at any time. You can do this by completing the 'Withdrawal of Consent Form', which is provided at the end of this document. Alternatively, you can contact the research team and tell them you no longer want to participate. If you decide to leave the research study, the researchers will destroy any information that has already been collected and no additional information will be collected from you.

**(7) Are there any risks or costs associated with being in the study?**

We don't expect this questionnaire to cause any harm or discomfort, however if you experience feelings of distress as a result of participation in this study you can let the research team know and they will provide you with assistance. Alternatively, contact details for services are provided at the end of this form, on the CAP Study website and at the end of each survey.

**(8) Are there any benefits associated with being in the study?**

We hope to use information we get from this research study to benefit others who experience difficulty with substance use and mental health problems. Each time you complete a questionnaire for this study you will be reimbursed a \$30 via Prezzy Swap Gift Card and go into a draw to win an iPhone.

**(9) What will happen to information about me that is collected during the study?**

By providing your consent, you are agreeing to us collecting personal information about you for the purposes of this research study. Your information will only be used for the purposes outlined in this Participant Information Statement, unless you consent otherwise.

Submission of the online questionnaire is an indication of your consent. By clicking the 'I agree to participate' button you are providing your permission for the research team to collect and use information about you for the research study. Your data will be kept for seven years after the project's completion, after which time it will be securely disposed of. Your data will be stored securely and confidentially. Data will be housed on a secure server at the University of Sydney, or in a non-identifiable format in locked filing cabinets and electronic databases at the Centre for Research Excellence in Mental Health and Substance Use. Before transfer to the server, online survey data will be hosted by our web development company on an external server. The external server is based in Australia, and complies with Australian standards in security, ethics, and integrity.

If you give us your permission by signing this document, your information will only be used for disseminated via presentations at major national and international drug and alcohol conferences and presentations at participating treatment agencies. Results will also be published in scientific journals. In any publication, information will be presented in such a way that you will not be able to be identified. We will also make a summary of the findings available to you.

**(10) Can I tell other people about the study?**

Yes, you are welcome to tell other people about the study.

**(11) What if I would like further information about the study?**

The person you may need to contact will depend on the nature of your query. If you require further information regarding this study or if you have any problems, which may be related to your involvement in the study, you can contact the following member/s of the research team: Anna Smout (research assistant) at [anna.smout@sydney.edu.au](mailto:anna.smout@sydney.edu.au).

If at any stage during the study you become distressed or require additional support from someone not involved in the research please call:

**Contact for feelings of distress:**

**Lifeline Australia**

Ph: 13 11 14

Online chat: <https://www.lifeline.org.au/get-help/online-services/crisis-chat>

### List of other relevant support services:

#### Suicide/Mental health

Beyond Blue: 1300 22 4636

Kids Helpline: 1800 55 1800

Headspace: 1800 650 890 or [www.headspace.org.au](http://www.headspace.org.au)

Counselling Online: [www.counsellingonline.org.au](http://www.counsellingonline.org.au)

#### Drug and Alcohol

Family Drug Support: 1300 368 186

#### Rape/Trauma

NSW Rape Crisis: 1800 424 017

1800 RESPECT: 1800 737 732

Child Abuse Prevention Service (CAPS): 1800 688 009

Alcohol and Drug Information Service (ADIS): 1800 422 599

### **(12) Will I be told the results of the study?**

You have a right to receive feedback about the overall results of this study. The research team intend to publish and/or report the results of the research study in a variety of ways. All information published will be done in a way that will not identify you.

If you would like to receive a copy of the results you can let the research team know by registering your request via email to [info@capstudy.org.au](mailto:info@capstudy.org.au). We will only use these details to send you the results of the research. This feedback will be in the form of a one or two-page summary document and will be provided after the study is finished, and uploaded to the CAP Study website.

### **(13) What if I have a complaint or any concerns about the study?**

Research involving humans in Australia is reviewed by an independent group of people called a Human Research Ethics Committee (HREC). The ethical aspects of this study have been approved by the HREC of the University of Sydney (Project number: 2018/845). As part of this process, we have agreed to carry out the study according to the *National Statement on Ethical Conduct in Human Research (2007)*. This statement has been developed to protect people who agree to take part in research studies.

If you are concerned about the way this study is being conducted or you wish to make a complaint to someone independent from the study, please contact the university using the details outlined below. Please quote the study title and protocol number.

The Manager, Ethics Administration, University of Sydney:

- **Telephone:** +61 2 8627 8176
- **Email:** [human.ethics@sydney.edu.au](mailto:human.ethics@sydney.edu.au)
- **Fax:** +61 2 8627 8177 (Facsimile)

*This information sheet is for you to keep*

**The CAP Study**

**PARTICIPANT CONSENT FORM**

In giving my consent I state that:

- I understand I am being asked to provide consent to participate in this research study;
- I have read the Participant Information Sheet or it has been provided to me in a language that I understand;
- I agree for my survey data to be linked with the Reoffending Database
- I agree for my survey data to be linked with the National Death Index
- I provide my consent for the information collected about me to be used for the purpose of this research study only
- I understand that if necessary I can ask questions and the research team will respond to my questions
- I freely agree to participate in this research study as described and understand that I am free to withdraw at any time during the study and withdrawal will not affect my relationship with any of the named organisations and/or research team members;
- I understand that I can download a copy of this consent form from [www.capstudy.org.au](http://www.capstudy.org.au)

.....  
**Participant name**

.....  
**Participant signature**

.....  
**Date**

## Form for Withdrawal of Participation

(Only fill in this section if you DO NOT want to complete the survey)

I wish to **WITHDRAW** my consent to participate in the research proposal described above and understand that such withdrawal **WILL NOT** affect my relationship with The University of Sydney. In withdrawing my consent, I would like any information I have provided for the purpose of this research study withdrawn.

.....  
**Participant name**

.....  
**Participant signature**

.....  
**Date**